



“Programmed 4 Success”

Youth4Youth Builds & Promotes

- Respect
- Character
- Responsibility
- Accountability
- Leadership
- Self-confidence
- Healthy Lifestyle Choices
- Safe Schools



Engaging Students In

- Solution oriented approaches
- Ultimate Leadership Training
- Success Skill Development
- Goal setting & plan development
- Follow-through & evaluation

623-208-3230

www.Youth4Youth.org

Buckeye, Arizona

5 Ways That Deliver

Youth4Youth

(BUILDING-WIDE)

Teaches success and leadership skills by developing and empowering students in your school building or district by identifying problems and developing solutions to improve building climate, respect and accountability. Designed to be student driven and self-sustaining. Complete with training, teambuilding, the Y4Y Leadership Manual and ongoing support.

Programmed 4 Success

(BUILDING-WIDE OR SPECIALIZED GROUPS)

Teaches success and personal leadership skills to students through specific lessons and follow-up assignments throughout the year. Utilizes a series of Keynote assemblies with classroom follow-up. Each student will receive their own personal P4S Leadership Guide. This is a great addition for Advisor/Advisee Programs and can be used for specialized groups or personal development.

Ultimate Leadership Training

(STUDENT ORGANIZATIONS & SPORTS TEAMS)

Do you want to train student leaders? Are you in need of focusing and energizing existing leaders? This hands-on training accelerates student success and leadership skill development. Students leave with new found confidence, skills, action plans and the motivation to begin immediately. Train leaders, sports teams or school organizations. Students will receive their own personal Ultimate Leadership Guide.

WWIDTIWBrave

(STAFF DEVELOPMENT)

Are committed to creating a positive mindset throughout your school district or building? This is your foundation to build on. **See immediate changes in attitude, performance, teamwork and staff unity.** Students and staff will both benefit when you empower your staff to integrate these success and leadership skills in their classroom experience.

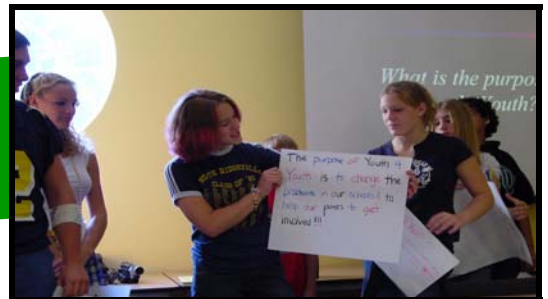
Simple Solutions For the Problems of Parenting

(SHORT & EFFECTIVE LIFE CHANGING SKILLS FOR PARENTS)

Join Larry and his “30-garbage can” for some fun as you learn positive and effective skills for raising great kids. As author of the book, *“The Secret of the Can: How to Not Get Distracted By The Garbage & Drama of Life,”* Larry shows how you can raise kids who have self-confidence and esteem. For Parent Groups & Organizations.

- Hands-on & Interactive
- Designed to Meet Your Needs, Objectives & Schedule Training

623-208-3230 www.Youth4Youth.org



Team Building



623-298-3230

training@youth4youth.org

www.youth4youth.org



“Immediately applicable!”

Eileen C. – Ameritech

“Unbelievable! Twelve years of school and we were never taught this. Thank you Mr. T – you are awesome!”

Jackie B. – Oberlin, Ohio

“Your programming was amazing! The faculty was quite impressed!”

Don B. – Canton, Ohio



Wow! This really helped me find a focus. I finally understand the purpose of goals in my life!” Andrea S. – Fremont, Ohio

Leadership Tip #12 Develop Successful Habits

Did you know you have a 90% chance of being just like your parents? As a teenager, my mission in life was to never be like my father. There I was, in the midst of the worst day of my life when I realized...I was just like him. That was also the day I realized I had to do more than just “think I wanted to be different.” I actually had to **DO** something different. That was also the day I made the **decision to take action** and **my worst day became my best day**.

It all comes down to what I call the 90% Rule. In my book *The Three Keys of Success*, I write about the four **Roadblocks to Change**, the first being the **90% Rule**. Think about it; quotes like, “The apple doesn’t fall far from the tree,” “From one generation to the next,” or “History repeats itself,” all refer to the 90% rule...that you have a 90% chance of being just like your parents. 50% is genetics or DNA programming. It took generations to get where it is today and will take a few generations to change. 10% is life...you know...how lucky and unlucky you are. Those are events and actions that are out of your control. But 40% is in your control and that is where you **must focus** most of your energy. So when I made the decision to change I immediately began to be grateful and appreciate the great characteristics my father had given me while taking action to change the characteristics I found less desirable.

The second **Roadblock to Change** is our **Habits**. Do you realize our behavior, (what we do) is a result of our habits? If you are going to change – this is the place it happens. You **must change your habits**. Research now shows it takes **thirty consecutive days** to integrate a new habit. The **key word** is — **consecutive**. NASA has discovered it takes

between 27 – 29 days for the brain to rewire itself with a new habit or behavior. They also discovered if you miss a day (let’s say — day twenty-five as an example), the system in the brain collapses and you’ve got to start over. So how does one go about doing this successfully?

It’s actually very simple — **Make a 30-day checklist!** I know, it sounds childish. But that is exactly what highly successful people do; they put specific habits in their life that will support or cause them to be successful and they make a checklist to make sure they do it every day.

Let’s take a popular habit, the habit of putting things off until the last minute, commonly called procrastination (Can you relate to this one?). The first step is to **focus on what you want** — NOT on what you don’t want. The opposite of putting things off is to take action — “**Do it now!**” or schedule it into your weekly plans immediately. Do you have a big class project due? — Start now by developing a plan to complete the project and schedule it in your week. Have you been putting off cleaning or organizing your room? “**Do it now!**” By focusing on the 40% you can change — you will find that it will effect the 50% you were born with and you’ll be less apt to let the uncontrollable 10% part of life effect you.

The Leadership Challenge

Make a decision to consciously **take action** three times each day for thirty consecutive days and in one month you will have done 90 things. What are some of the benefits? You gain self-confidence, self-esteem, you have become a person of action and best of all you have developed a “**success habit**” that will benefit you your entire life.